

Cultural Responsiveness of the EBPs – concluding the assessment of FIT

May 14th, 2021

Prevention Services Workgroup

Family First



**BLUE
PRINT**
For **FAMILY FIRST**



Desired results

The purpose of this workgroup is to form **recommendations about which EBP services Georgia should offer** under Family First.

RECAP:

In our last meeting, we focused on identifying what services are currently available and what gaps exist in the current service array in Georgia based on several data sources and input from you.

TODAY:

To recommend the *right* EBPs for children and families in Georgia, we also need to understand the cultural responsiveness of the EBPs for consideration: Through research about each of the 21 EBPs, we aim to answer the question:

*What is the **effectiveness** of the EBPs **across racial and ethnic groups**?*

We will summarize our focus on *FIT* today and will move to *FEASIBILITY* at the next meeting.



Agenda for today

- Welcome
- Recap of process and EBPs for consideration
- Recap of **identified service gaps** - and capturing the *second* round of EBP fit
- Revisiting **race and ethnicity of families in GA** – and your valuable input at a previous meeting
- Reviewing **cultural responsiveness** – and capturing the *third* (and final) *round of EBP fit*
- The overall fit of the 21 EBPs for consideration
- The process going forward: focusing on *feasibility*
- Next steps – and thank you!

The background features a large, faint watermark of the official seal of the State of Georgia Department of Family & Children Services. The seal is circular and contains the text "STATE OF GEORGIA" at the top, "DEPARTMENT OF FAMILY & CHILDREN SERVICES" around the bottom, and "1776" at the very bottom. In the center of the seal is a depiction of a figure holding a scale, with the word "CONSTITUTION" written above it.

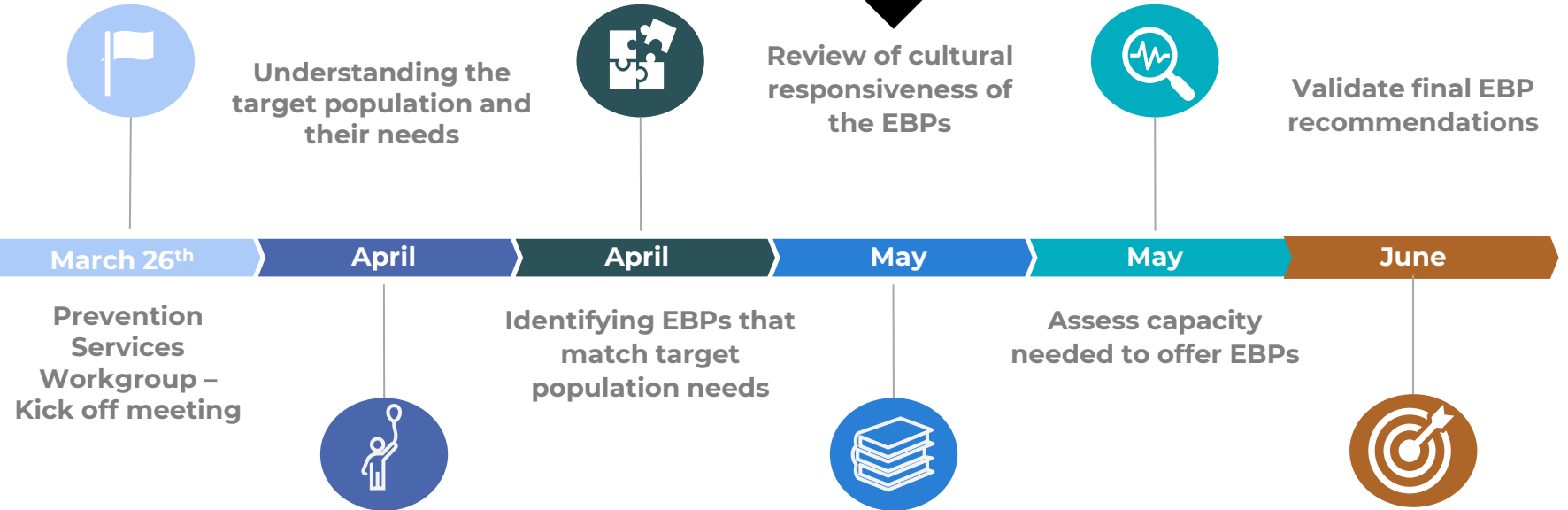
RECAP: Process and Selected EBPs for Consideration





Process and Timeline

Today's focus





Selecting EBPs for GA's Prevention Plan

1

Select and determine Evidence-Based Programs for inclusion in Georgia's Title IV-E Prevention Plan

*Informed by the work of the **Prevention Services Workgroup** prior to submission of Georgia's Title IV-E Prevention Plan 2021*

EBP-selection will be focused on Evidence-Based Programs that are rated 1) **well-supported** or 2) **likely to be rated well-supported*** before plan submission on the Title IV-E Clearinghouse















EBPs *likely to be well-supported* are EBPs that:

- Are currently *under review* by the Title IV-E Clearinghouse
- Have any amount of presence in Georgia; based on provider-survey conducted in February-March 2021, and
- Are rated *well-supported* or *supported* on the [California Evidence-Based Clearinghouse \(CEBC\)](#)



Selecting EBPs for GA's Prevention Plan

We will focus on the **10 well-supported EBPs** on the Title IV-E Clearinghouse

Evidence-based program	Service type
Brief Strategic Family Therapy	  
Family Check-up	 
Functional Family Therapy	
Healthy Families America	
Homebuilders - Intensive Family Preservation and Reunification Services	
Motivational Interviewing	
Multisystemic Therapy	 
Nurse-Family Partnership	
Parent-Child Interaction Therapy	
Parents as Teachers	



Mental health services



Substance abuse treatment and prevention services


















In-home, skill-based parenting programs



Selecting EBPs for GA's Prevention Plan

We will focus on the following 11 EBPs – that are **'likely to be well-supported'**

Evidence-based program	Service type
Acceptance and Commitment Therapy	 
Alternatives for Families: A Cognitive Behavioral Therapy	
Beyond Trauma + Helping Women Recover	
Child First	 
Cognitive Processing Therapy	
Coping Cat	
Eye Movement Desensitization and Reprocessing	
Mindfulness-Based Cognitive Therapy	
Parenting with Love and Limits	 
Safe Environment for Every Kid (SEEK)	
Together Facing the Challenge	 



Mental health services



Substance abuse treatment and prevention services



In-home, skill-based parenting programs



The three core target populations

1. Children and families in Ongoing Services/
Family Preservation and their caregivers
2. Children/youth post permanency and their
caregivers
3. Pregnant and parenting youth in foster care

The background features a large, faint watermark of the official seal of the State of Georgia Department of Family & Children Services. The seal is circular and contains the text "STATE OF GEORGIA" at the top, "DEPARTMENT OF FAMILY & CHILDREN SERVICES" around the bottom, and "1776" at the very bottom. In the center of the seal is a depiction of a classical building with columns and a pediment, with the word "CONSTITUTION" written above it. Other smaller text within the seal includes "WISDOM", "JUSTICE", and "MODESTY".

Identified Service Gaps - and Capturing Fit





Recap: Identifying service gaps in the service array in GA

- In the last meeting, we considered **the current services provided** to the children, youth and families in Georgia.
- To identify service gaps, this workgroup reviewed and analyzed the following data and input:
 - Statewide maps illustrating the volume and location of programs and services focusing on 1) mental health, 2) substance use disorder, and 3) in-home parenting skills.*
 - Data about count of EBP types by age range served*
 - Poll results and chat input from this workgroup

* Data about services across GA was gathered via a Provider Readiness Assessment Survey in February-March 2021.



Recap: Identifying service gaps in the service array in GA

- Thanks to your feedback about the shortage of substance use disorder programs – **we drilled down deeper** into the SUD service data.
- Removing Motivational Interviewing from the equation presents a different picture of SUD service prevalence in GA. We identified **EBPs targeting substance use disorder** as a major gap.

SERVICE TYPE	Children and their caregivers									Youth and caregivers
	0-1	2-3	4-5	6-7	8-9	10-11	12-13	14-15	16-17	18+
Substance Use Disorder (SUD) <i>including</i> Motivational Interviewing	87	87	90	90	90	90	95	95	92	16
Substance Use Disorder (SUD) <i>excluding</i> Motivational Interviewing	0	0	3	3	3	3	8	8	5	16



Recap: Identified priority service gaps across data sources



Data from provider-survey

- Most prevalent service type: Mental health services
- 40% of counties in GA have **no in-home parenting programs**
- Limited number of EBPs explicitly focusing on Substance Use Disorder
- Lack of services in **rural areas**
- General lack of EBPs focusing on **combinations** of needs
- Need for services targeting **teenagers**



Workgroup input from chat and poll

- POLL: data somewhat aligned with experience of workgroup
- Chat: Additional service gaps mentioned by individual members



The priority service gaps statewide

Based on the presented information, we identified the following priority service gaps for EBP fit:

Priority service gaps

EBPs focusing on **substance use disorders**

EBPs focusing on **in-home parenting skills**

EBPs focusing on **two types of service needs**, for example mental health *and* in-home parenting skills

We will document which of the 21 EBPs under consideration address one or more of these priority service gaps.



Applying fit indicators to our 21 EBPs

Data, available evidence, and insights from this workgroup tell us which EBPs *fit* or best align with the context in Georgia.

This workgroup has already reviewed many criteria to inform EBP selection. We use *fit indicators* to capture and document our insights about EBP fit, which *provides a direction* for our selection process.

The fit indicators *do not reflect the value or quality* of each EBP. These are all great EBPs. Focusing on fit help us make challenging choices prioritizing among a strong set of EBPs.

The next fit-indicator cross-walk presents the **priority service gaps**.



Cross-walking fit indicators with EBPs

The 10 well-supported EBPs on the Title IV-E Clearinghouse

EVIDENCE-BASED PROGRAM	PRIORITY SERVICE GAPS		
	Substance Use Disorder EBPs	In-Home Parenting EBPs	EBPs for 2+ service types
Brief Strategic Family Therapy	✓	✓	✓
Family Check-up		✓	✓
Functional Family Therapy			
Healthy Families America		✓	
Homebuilders		✓	
Motivational Interviewing	✓		
Multisystemic Therapy	✓		✓
Nurse-Family Partnership		✓	
Parent-Child Interaction Therapy			
Parents as Teachers		✓	

** The fit indicators captured here reflect the workgroup's insights about EBP fit for the context in Georgia—based on data and workgroup input. This information will be referenced (but not solely relied on) when the workgroup makes a final recommendation for Georgia's Family First EBPs. Additional fit indicators as well as new feasibility indicators will be collaboratively developed and captured in future workgroup meetings, adding to this table.*



Cross-walking fit indicators with EBPs

The 11 EBPs – that are **‘likely to be well-supported’**

EVIDENCE-BASED PROGRAM	PRIORITY SERVICE GAPS		
	Substance Use Disorder EBPs	In-Home Parenting EBPs	EBPs for 2+ service types
Acceptance and Commitment Therapy	✓		✓
Alternatives for Families: A Cognitive Behavioral Therapy			
Beyond Trauma + Helping Women Recover	✓		
Child First		✓	✓
Cognitive Processing Therapy			
Coping Cat			
Eye Movement Desensitization and Reprocessing			
Mindfulness-Based Cognitive Therapy for Children			
Parenting with Love and Limits		✓	✓
Safe Environment for Every Kid (SEEK)			
Together Facing the Challenge		✓	✓

** The fit indicators captured here reflect the workgroup’s insights about EBP fit for the context in Georgia—based on data and workgroup input. This information will be referenced (but not solely relied on) when the workgroup makes a final recommendation for Georgia’s Family First EBPs. Additional fit indicators as well as new feasibility indicators will be collaboratively developed and captured in future workgroup meetings, adding to this table.*



Input from the workgroup – POLL

Based on the presented information...

To what extent is the service gap fit indicator cross-walk clear to you?

Answer categories:

- The cross-walk is clear to me
- The cross-walk is somewhat clear to me
- The cross-walk is not clear to me

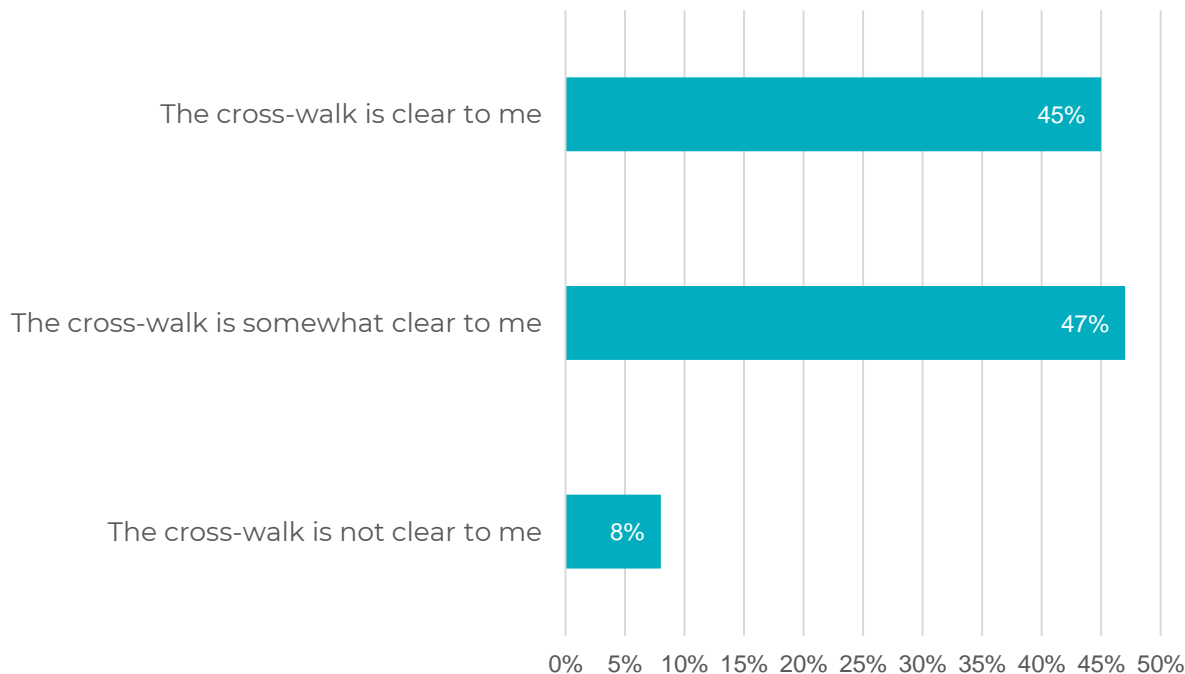
Do you have any specific questions or other considerations related to the fit indicators?

Please note your comments in the chat



Input from the workgroup – Results

To what extent is the service gap fit indicator cross-walk clear to you?



Poll reflects responses from members of the Prevention Services Workgroup at 5.14.21 meeting. For more information on the workgroup see <https://www.blueprintfamilyfirst.org/prevention-services-workgroup>



Revisiting race and ethnicity of families in GA
– and your valuable input at a previous meeting



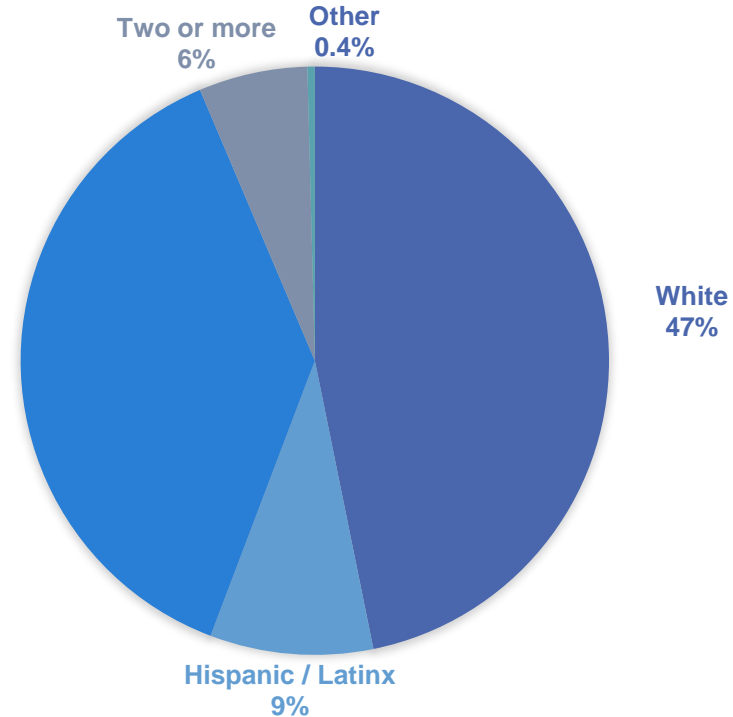
Race and ethnicity of the children in Georgia

Racial breakdown of children in Family Preservation, 2020 – **one of the target population groups, that could be served by Family First**

Quick take-aways:

- Most children are white or black
- Nearly 1 in 10 is Hispanic
- Regional variation should be considered when initiating services

African American
38%



1. Other includes a combination of three racial groups: Asian with 0.33%, Native Hawaiian with 0.03%, and Native American at 0.05%.



FOCUS GROUP INPUT

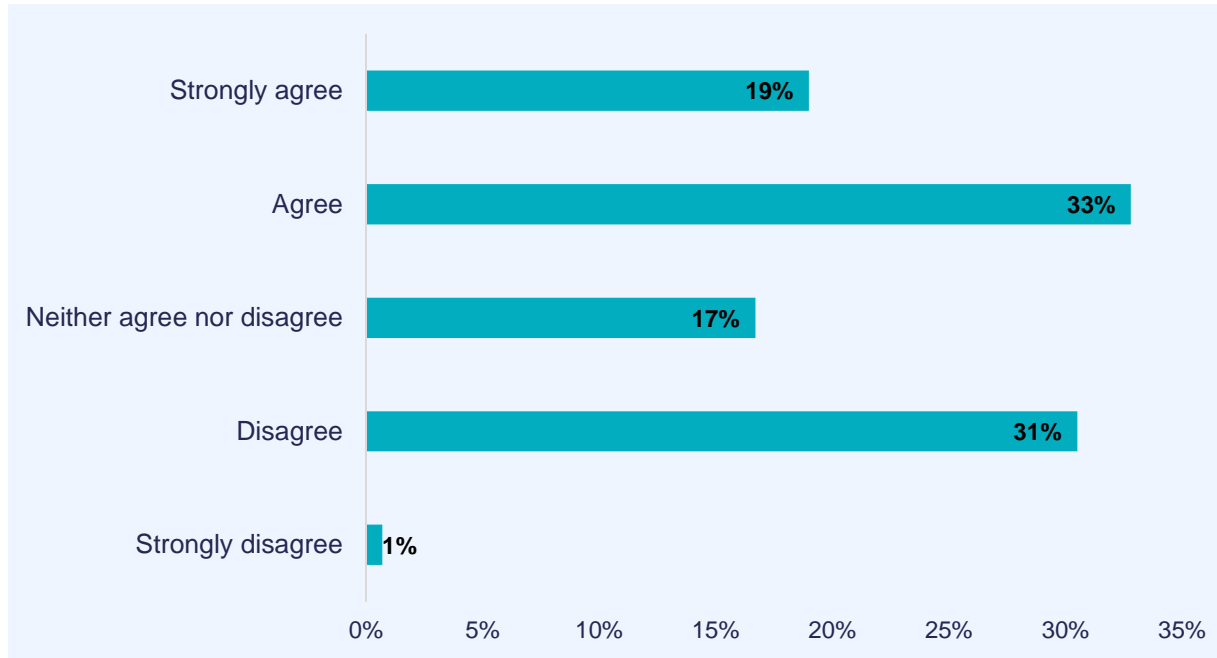
Families in Georgia would benefit from EBPs, that:

- Are **effective across racial and ethnic subgroups**, including tribal and indigenous populations.
- Are equipped to **support the complexity of families** from diverse backgrounds and/or diverse religions and beliefs.
- Ensure a **focus on unbiased decision making with an inclusive approach to service delivery**.
- **Involve and engage the community** to engage families in services via targeted and continued outreach efforts.



Input from the workgroup – POLL results (from April 16th)

In our work we ensure an inclusive approach to serving families of all racial and ethnic groups, gender identities, sexual orientations, religious beliefs, and cultural identities.



Poll reflects responses from members of the Prevention Services Workgroup at 4.16.21 meeting. For more information on the workgroup see <https://www.blueprintfamilyfirst.org/prevention-services-workgroup>



Input from the workgroup – via chat (from April 16th)

- **Implicit bias in service delivery is a big challenge.** There is a need for training in **cultural sensitivity** to ensure an equitable interaction with all families.
- There is an **overrepresentation of children and families of ethnic and racial minority** in the child welfare system
- The social workers – delivering a specific EBP – **should represent the background** (culture, race, ethnicity) to a higher degree than currently.
- **Lack of focus on gender identity and LGBTQ** children, youth and families – and the unique challenges and needs they have.
- **Lack of focus on interracial families and families of mixed cultures** – and the unique challenges and needs they have.
- **Language barriers** present an issue in the interaction with families.



Input from the workgroup – POLL

Based on the presented information and your own professional expertise and experiences...

To what extent does this summary and these high-level findings align with your experience and perceptions of the cultural responsiveness of Georgia's current service array?

Answer categories:

- They align
- They somewhat align
- They don't align

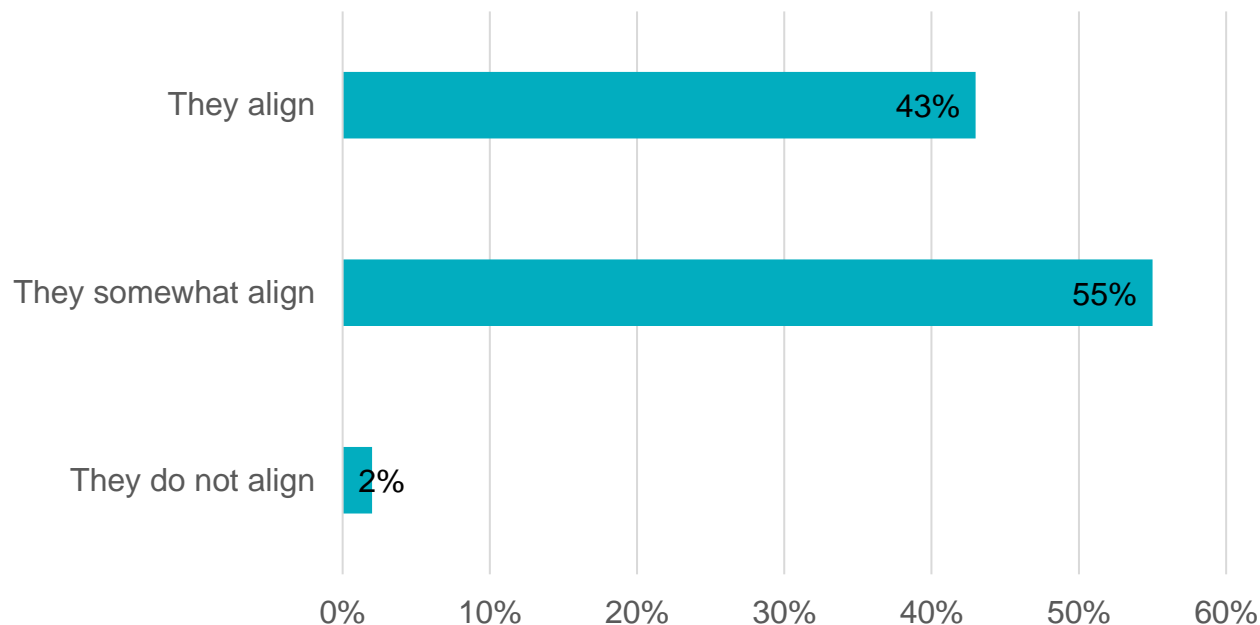
Do you have any additional input?

Please note your comments in the chat



Input from the workgroup – Results

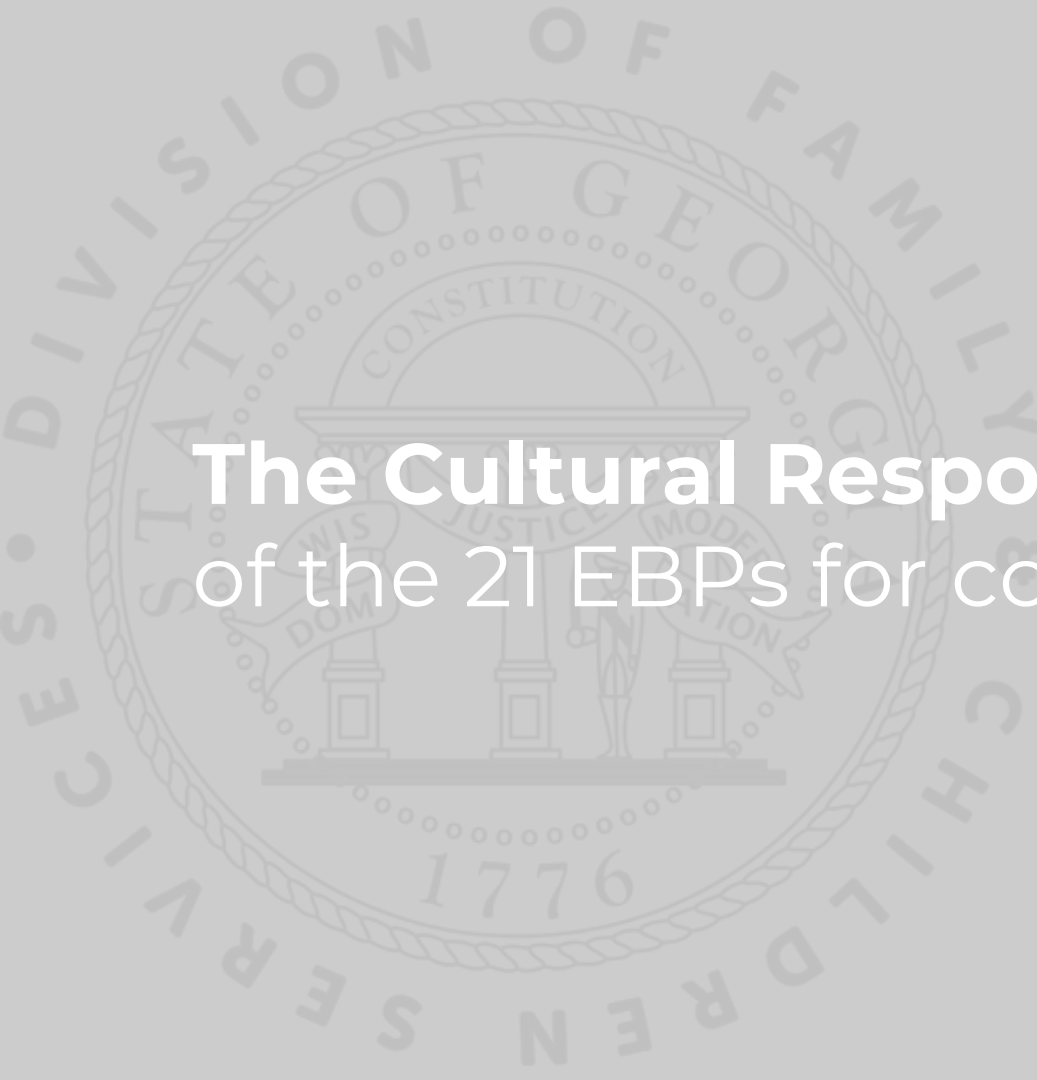
To what extent does this summary and these high-level findings align with your experience and perceptions of the cultural responsiveness of Georgia's current service array?



Poll reflects responses from members of the Prevention Services Workgroup at 5.14.21 meeting. For more information on the workgroup see <https://www.blueprintfamilyfirst.org/prevention-services-workgroup>



The Cultural Responsiveness of the 21 EBPs for consideration





The cultural responsiveness of the 21 EBPS

- To recommend EBPs for Georgia, we are looking at the **cultural responsiveness** of each of the 21 EBPs for consideration.
- *The purpose* of looking at cultural responsiveness is to review whether the EBPs have been proven effective for key racial and ethnic populations in Georgia as well as LGBTQ populations.
- When defining the fit-indicators to represent cultural responsiveness, we considered:
 - Race and ethnicity
 - Gender identities and sexualities
 - Disabilities
 - Language barriers



Capturing cultural responsiveness

We identified the following fit-indicators to represent cultural responsiveness:

Reviewing cultural responsiveness via the following indicators

EBP has been proven effective with **Black** children, youth and families

EBP has been proven effective with **LatinX** children, youth and families

EBP has been proven effective with **Native American** children, youth and families

EBP has been proven effective with **LGBTQ** children, youth and families

These four indicators were identified based on:

- Chat feedback from this workgroup
- Availability and prevalence of research and GA-specific data on these groups



Capturing cultural responsiveness

- To research and document the *effectiveness* of the 21 EBPs with these four populations, we reviewed the following information:

Title IV-E Clearinghouse

- The information in the studies behind the 10 well-supported EBPs

California Evidence-Based Clearinghouse

- The information in the studies behind the 11 'likely to be well-supported' EBPs
- Additional information about the 10 well-supported EBPs

Additional Sources

- Research Brief from Casey Family Program* (confidential as of April 2, 2021)

- For an EBP to receive a *checkmark* for a specific fit-indicator, the reviewed research must have shown, that the EBP has been proven effective for the specific subgroup in one or more studies.

* A rigorous resource under development by Chapin Hall and Casey Family Programs was leveraged to determine effectiveness for these four populations. For EBPs not included in the resource, Chapin Hall conducted a rapid review of literature from the sources identified above, identifying studies that demonstrated effectiveness for the subgroup or for a study group made up of over 50% individuals of that subgroup.



Cross-walking fit indicators with EBPs

The 10 well-supported EBPs on the Title IV-E Clearinghouse

EVIDENCE-BASED PROGRAM	Cultural Responsiveness: Proven effective with...			
	African American children, youth and families	Hispanics/LatinX children, youth and families	Native American children, youth and families	LGBTQ children, youth and families
Brief Strategic Family Therapy	✓	✓	N/A	N/A
Family Check-up	✓	N/A	N/A	N/A
Functional Family Therapy	✓	✓	N/A	N/A
Healthy Families America	✓	✓	✓	N/A
Homebuilders	✓	N/A	N/A	N/A
Motivational Interviewing	✓	✓	N/A	N/A
Multisystemic Therapy	✓	✓	N/A	N/A
Nurse-Family Partnership	✓	✓	N/A	N/A
Parent-Child Interaction Therapy	✓	✓	N/A	N/A
Parents as Teachers	✓	✓	N/A	N/A

** The fit indicators captured here reflect the workgroup's insights about EBP fit for the context in Georgia—based on experiences, available research and workgroup input. This information will be referenced (but not solely relied on) when the workgroup makes a final recommendation for Georgia's Family First EBPs. Other fit indicators have been presented, and additional feasibility considerations will be collaboratively developed and captured in future workgroup meetings, adding to this table.*



Cross-walking fit indicators with EBPs

The 11 EBPs – that are ‘likely to be well-supported’

EVIDENCE-BASED PROGRAM	Cultural Responsiveness: Proven effective with...			
	African American children, youth and families	Hispanics/LatinX children, youth and families	Native American children, youth and families	LGBTQ children, youth and families
Acceptance and Commitment Therapy	N/A	N/A	N/A	N/A
Alternatives for Families: A Cognitive Behavioral Therapy	N/A	N/A	N/A	N/A
Beyond Trauma + Helping Women Recover	N/A	N/A	N/A	N/A
Child First	N/A	✓	N/A	N/A
Cognitive Processing Therapy	N/A	N/A	✓	N/A
Coping Cat	N/A	N/A	N/A	N/A
Eye Movement Desensitization and Reprocessing	N/A	N/A	N/A	N/A
Mindfulness-Based Cognitive Therapy for Children	N/A	N/A	N/A	N/A
Parenting with Love and Limits	✓	N/A	N/A	N/A
Safe Environment for Every Kid (SEEK)	✓	N/A	N/A	N/A
Together Facing the Challenge	✓	N/A	N/A	N/A

** The fit indicators captured here reflect the workgroup's insights about EBP fit for the context in Georgia—based on experiences, available research and workgroup input. This information will be referenced (but not solely relied on) when the workgroup makes a final recommendation for Georgia's Family First EBPs. Other fit indicators have been presented, and additional feasibility considerations will be collaboratively developed and captured in future workgroup meetings, adding to this table.*



Input from the workgroup – POLL

Based on the presented information...

To what extent is the cultural responsiveness fit indicator cross-walk clear to you?

Answer categories:

- The cross-walk is clear to me
- The cross-walk is somewhat clear to me
- The cross-walk is not clear to me

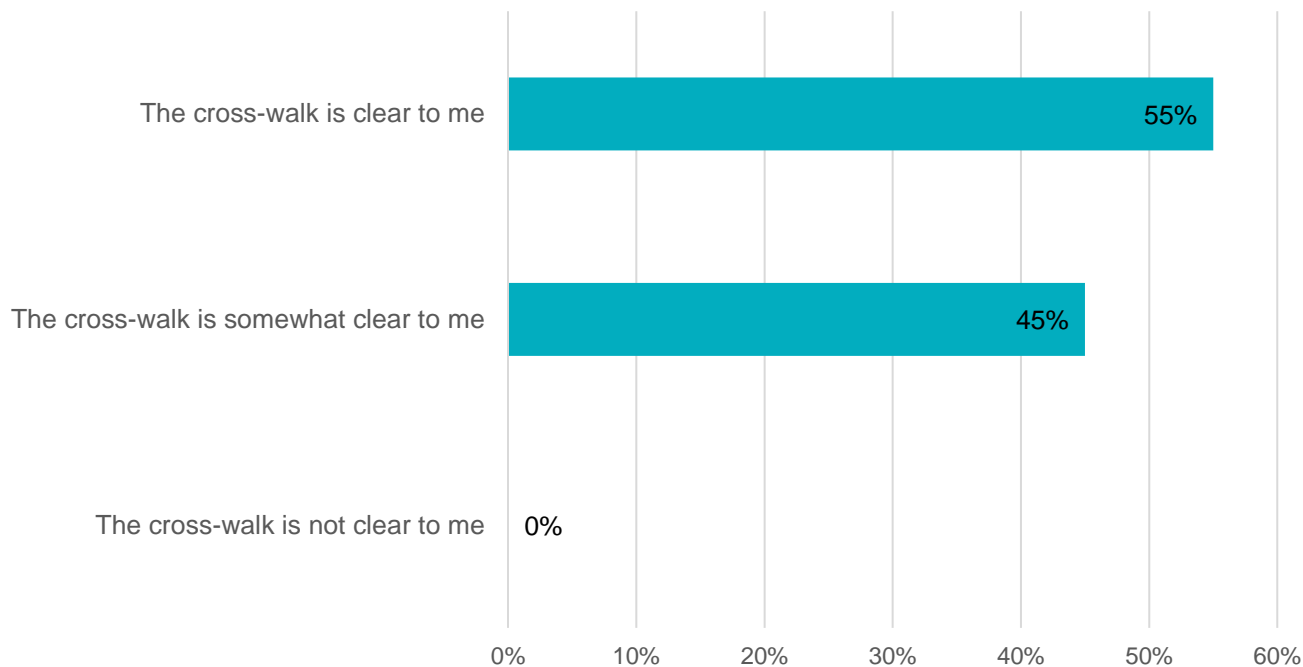
Do you have any specific questions or other considerations related to the fit indicators?

Please note your comments in the chat



Input from the workgroup – Results

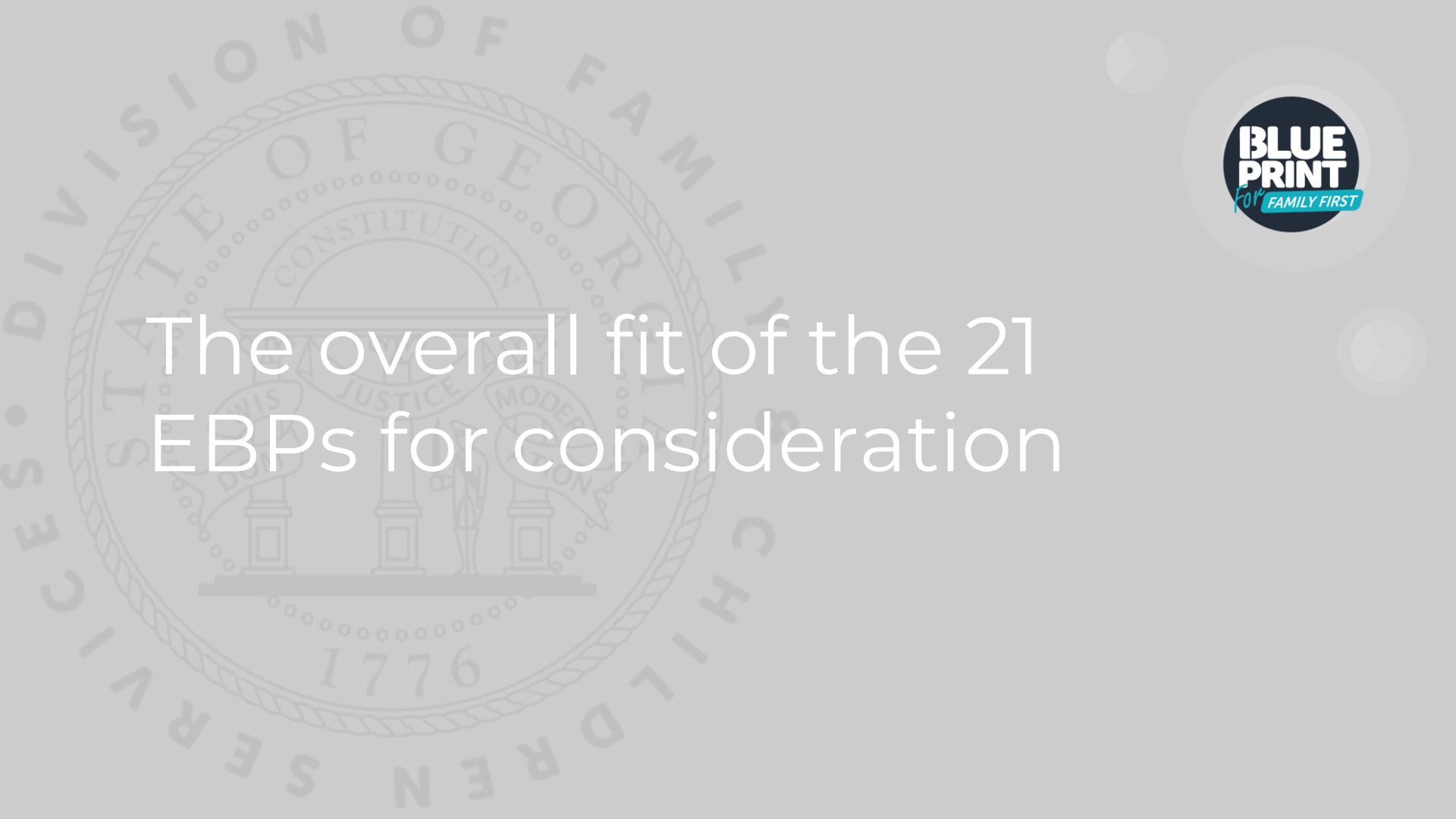
To what extent is the cultural responsiveness fit indicator cross-walk clear to you?



Poll reflects responses from members of the Prevention Services Workgroup at 5.14.21 meeting. For more information on the workgroup see <https://www.blueprintfamilyfirst.org/prevention-services-workgroup>



The overall fit of the 21
EBPs for consideration





RECAP: The fit-indicator cross-walk

The FIT of the EBP

Our research questions:



To what extent does the EBP align with the *demographic characteristics* of the TP?



To what extent does the EBP align with the *service needs* of the TP?



To what extent does the EBP address an identified *service gap* statewide or in specific region(s)?



What is the *effectiveness* of the EBPs across racial and ethnic groups?

We have reviewed and documented how each of the 21 EBPs:

- Aligns with priority age-ranges
- Meets priority needs
- Addresses priority service gaps
- Is culturally responsive



Recap: Applying fit indicators to our 21 EBPs

Data and insights from this workgroup tell us which EBPs **fit** or best align with the context in Georgia.

This workgroup has already reviewed many criteria to inform EBP selection. We have reviewed myriad **fit indicators** to capture and document our insights about EBP fit.

The fit indicators **do not reflect the value or quality** of each EBP. These are all great EBPs. Focusing on fit help us make challenging choices prioritizing among a strong set of EBPs.

The fit indicators will be **combined with feasibility considerations** at our next meeting. The next slides present the final overview of all fit-indicators.



Summary: The fit-indicator cross-walk

The 10 well-supported EBPs on the Title IV-E Clearinghouse

EVIDENCE-BASED PROGRAM	PRIORITY AGE-RANGES			PRIORITY NEEDS						ADD. NEEDS		PRIORITY SERVICE GAPS			CULTURAL RESPONSIVENESS			
	Infants	Toddlers	Teens	SUD (adult)	SUD (prenat.)	MH + IHPS	MH + IHPS	MH SUD	MH (child)	Whole family	Conflict	SUD EBPs	IHPS EBPs	2+ service types	African American	Hispanics/ LatinX	Native American	LGBTQ
Brief Strategic Family Therapy			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	N/A	N/A
Family Check-up		✓	✓			✓	✓		✓	✓			✓	✓	✓	✓	N/A	N/A
Functional Family Therapy			✓						✓	✓	✓				✓	✓	N/A	N/A
Healthy Families America	✓	✓					✓			✓					✓	✓	✓	N/A
Homebuilders	✓	✓	✓				✓			✓	✓		✓		✓	N/A	N/A	N/A
Motivational Interviewing	✓	✓	✓	✓								✓			✓	✓	N/A	N/A
Multisystemic Therapy			✓						✓	✓	✓			✓	✓	✓	N/A	N/A
Nurse-Family Partnership	✓	✓					✓			✓			✓		✓	✓	N/A	N/A
Parent-Child Interaction Therapy		✓							✓	✓	✓				✓	✓	N/A	N/A
Parents as Teachers	✓	✓					✓			✓			✓		✓	✓	N/A	N/A



Summary: The fit-indicator cross-walk

The 11 EBPs – that are ‘likely to be well-supported’

EVIDENCE-BASED PROGRAM	PRIORITY AGE-RANGES			PRIORITY NEEDS					ADD. NEEDS		PRIORITY SERVICE GAPS			CULTURAL RESPONSIVENESS				
	Infants	Toddlers	Teens	SUD (adult)	SUD (prenat.)	MH + IHPS	IHPS	MH + SUD	MH (child)	Whole family	Conflict	SUD EBPs	IHPS EBPs	+2 service types	African American	Hispanics / LatinX	Native American	LGTBQ
Acceptance and Commitment Therapy	Adults focused			✓				✓				✓		✓	N/A	N/A	N/A	N/A
Alternatives for Families: A Cognitive Behavioral Therapy			✓						✓	✓	✓				N/A	N/A	N/A	N/A
Beyond Trauma + Helping Women Recover	Adults focused			✓								✓			N/A	N/A	N/A	N/A
Child First	✓	✓				✓	✓		✓	✓			✓	✓	N/A	✓	N/A	N/A
Cognitive Processing Therapy	Adults focused														N/A	N/A	✓	N/A
Coping Cat									✓	✓					N/A	N/A	N/A	N/A
Eye Movement Desensitization and Reprocessing		✓	✓						✓						N/A	N/A	N/A	N/A
Mindfulness-Based Cognitive Therapy									✓						N/A	N/A	N/A	N/A
Parenting with Love and Limits			✓			✓	✓		✓	✓			✓	✓	✓	N/A	N/A	N/A
Safe Environment for Every Kid (SEEK)	✓	✓							✓	✓					✓	N/A	N/A	N/A
Together Facing the Challenge	Adults focused					✓	✓				✓		✓	✓	✓	N/A	N/A	N/A

The process moving
forward





The process moving forward

Today we have been focused on answering the following question:

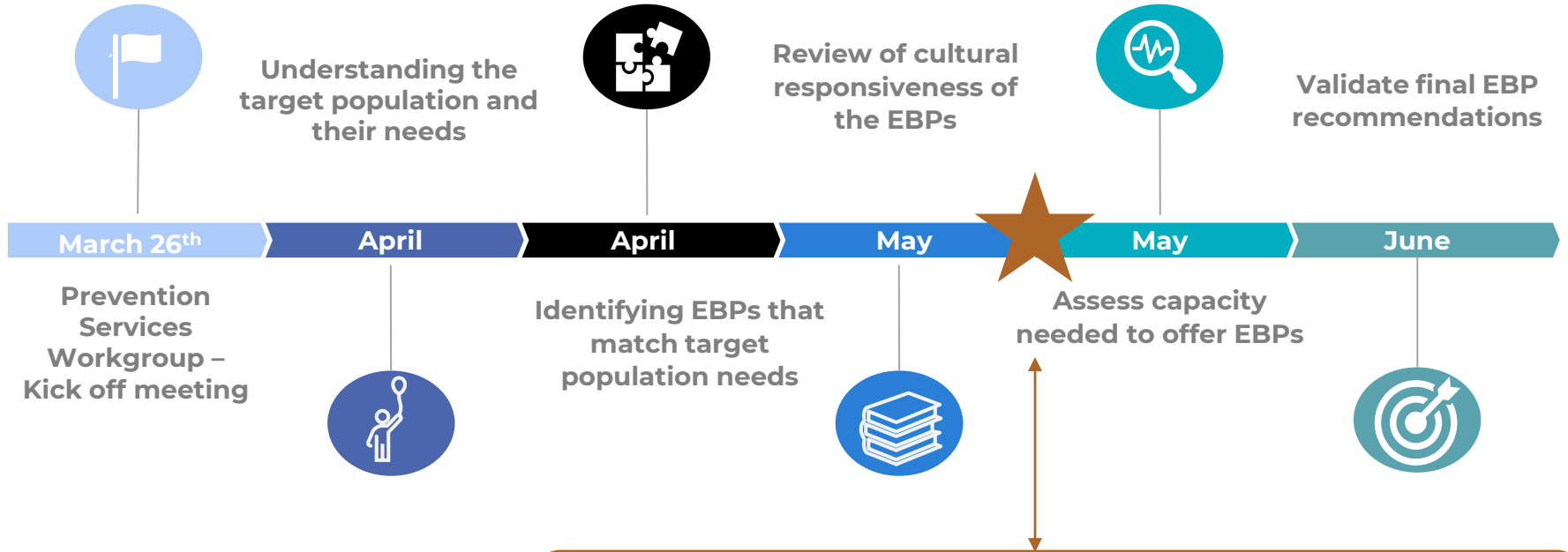
*What is the **effectiveness** of the EBP**s across racial and ethnic groups**?*

We have also reviewed our previous fit-indicators – which concludes our fit-indicator cross-walk.

We will now focus on *the feasibility* of the 21 EBPs and assess which EBP(s) is the most *feasible option* for Georgia.



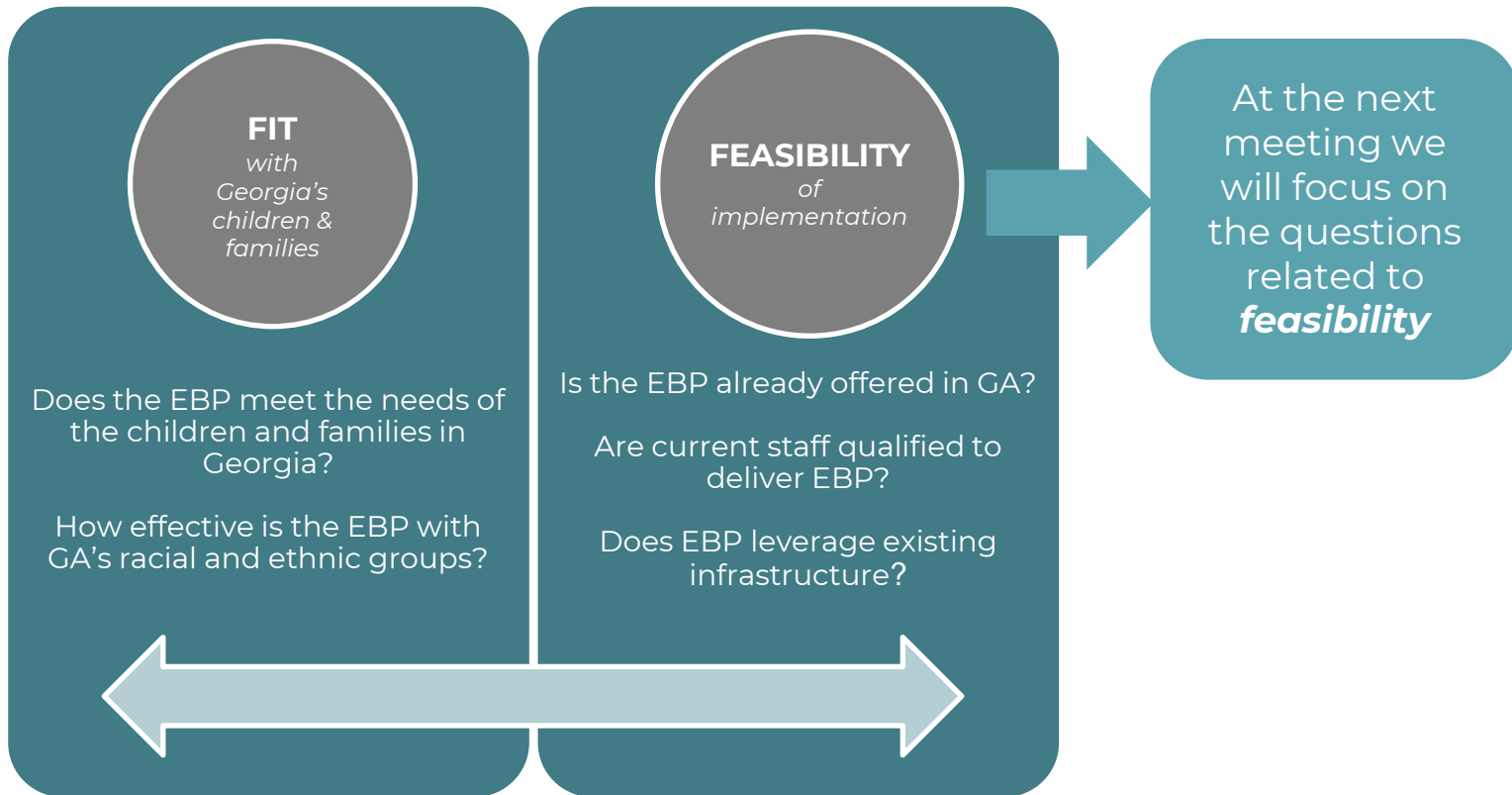
Process and Timeline



Before we meet again (on May 28th), DFCS Family First Team and Chapin Hall will review the required capacity for each of the 21 EBPs and – in consultation with the core group – prepare a process to review *feasibility considerations*.



How will we select EBPs?





Next steps





Next steps and questions?

Next meeting of the Prevention Services Workgroup is May 28th, 2021, from 1-2.30 EST.

We will be focusing on **assessing the capacity needed to offer EBPs**

Any questions about the purpose or process?

Please enter your questions in the chat.

The DFCS Family First team will review your input and address the most frequent questions before and/or during the next meeting.





Thank you for your participation today!