



# GEORGIA SNAP-Ed

RESULTS FROM THE 2018 PROGRAM EVALUATION

## What is SNAP?

The Supplemental Nutrition Assistance Program (SNAP), also known as Food Stamps, is the largest federal food safety net program that offers nutrition assistance to millions of eligible, low-income individuals and families to reduce hunger and help put healthy food on the table.

## What is SNAP-Ed?

SNAP-Ed is the nutrition education program of SNAP, which empowers low-income communities with the knowledge and skills they need to make healthy food choices and be physically active. The state of Georgia partners with **HealthMPowers**, **Open Hand Atlanta**, **Georgia Department of Public Health**, and the **University of Georgia** to provide nutrition education and create healthier environments where Georgians live, work, learn, shop, and play.

## In 2018, the Georgia SNAP-Ed Program:

reached  
**151,958**  
through

taught  
**8,324**  
classes of

served  
**135**  
counties by

direct nutrition education

## SNAP-Ed RESULTS



**76%**  
report eating more than one kind of fruit



**91%**  
report drinking water more frequently



**62%**  
report choosing healthy foods for their family on a budget



**50%**  
report not running out of food before month's end



**63%**  
report drinking fewer sugar-sweetened beverages



**72%**  
report comparing prices before buying foods



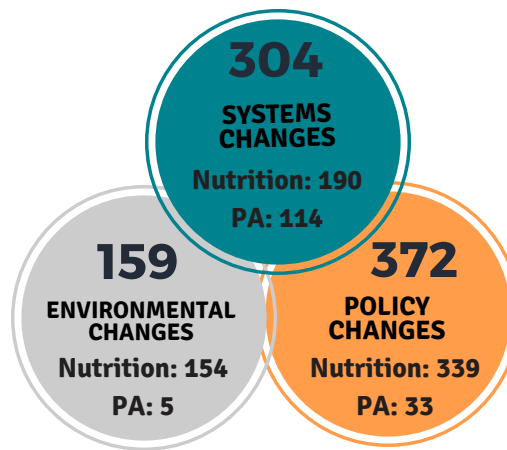
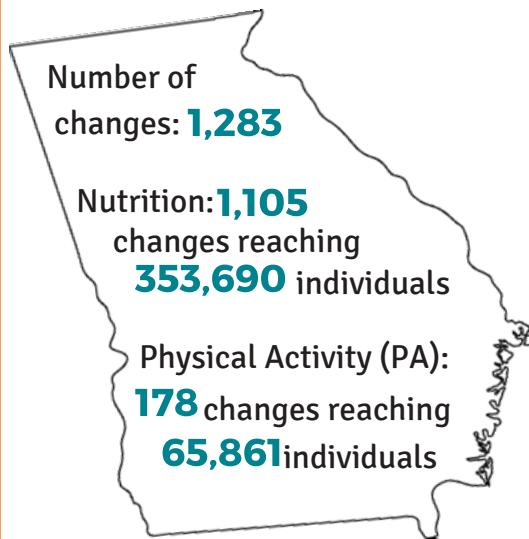
**55%**  
report shopping with a list



**55%**  
report identifying foods on sale, or using coupons to save



## Healthy Community Changes



Schools



Early Care



Grocery Stores



Farmers' Market

## 2018 Notable Changes

### Policy

- Established monitoring system for wellness policies
- Implemented school or childcare wellness policy
- Establish a nutrition policy

### Systems

- Increased healthy beverage options
- Improved child feeding practices
- Increased access to free water

### Environment

- Edible gardens
- Improved appeal, layout or display of healthy foods
- Limited the availability of unhealthy foods

## Partnership Highlight

Georgia's State Nutrition Action Council (SNAC) is incorporated into the Georgia Shape nutrition and marketing/communications sub-groups. In 2018, Georgia Shape collected recipes from partners, worked with a dietitian to develop simple messaging around the benefits of the featured fruits and vegetables, and are ready to launch the Harvest of the Month Social Media Project on their respective social media sites. With consistent messaging across multiple partner platforms throughout the year, Georgia Shape and SNAC aim to increase consumption of Georgia grown produce for students and their families in alignment with the Department of Education School Nutrition Program.

FOR MORE INFORMATION, CONTACT:

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This material was funded by USDA's Supplemental Nutrition Assistance Program-SNAP. This institution is an equal opportunity provider. This material was produced for the state of Georgia by the Public Health Institute Center for Wellness and Nutrition.

