

# GEORGIA SNAP-Ed

## 2020 IMPACT REPORT

### WHAT IS SNAP?

The Supplemental Nutrition Assistance Program (SNAP), also known as Food Stamps, is the largest federal federal food safety net program that offers nutrition assistance to millions of eligible, low-income individuals and families to reduce hunger and help put healthy food on the table.

### WHAT IS SNAP-Ed?

SNAP-Ed is the nutrition education program of SNAP, which empowers low-income communities with the knowledge and skills they need to make healthy food choices and be physically active. The state of Georgia partners with **HealthMPowers**, **Open Hand Atlanta**, **Georgia Department of Public Health**, and the **University of Georgia** to provide nutrition education and create healthier environments where Georgians live, work, learn, shop, and play.

### SNAP-Ed RESPONSE TO COVID-19

The SNAP Nutrition Education program like many had to adjust quickly to the COVID-19 pandemic. A cornerstone of our program is in-person nutrition, education classes. Our classes foster a sense of community as well as an opportunity to share skills about how participants can stretch their food dollars. We shifted many classes to secured online platforms while supporting worksites and community gardens that continue regular operation. Our partner's ability to adapt programming to reach participants during COVID-19 indicates our commitment to the communities we serve.

### SNAP-Ed BY THE NUMBERS

Total number served by direct nutrition education:

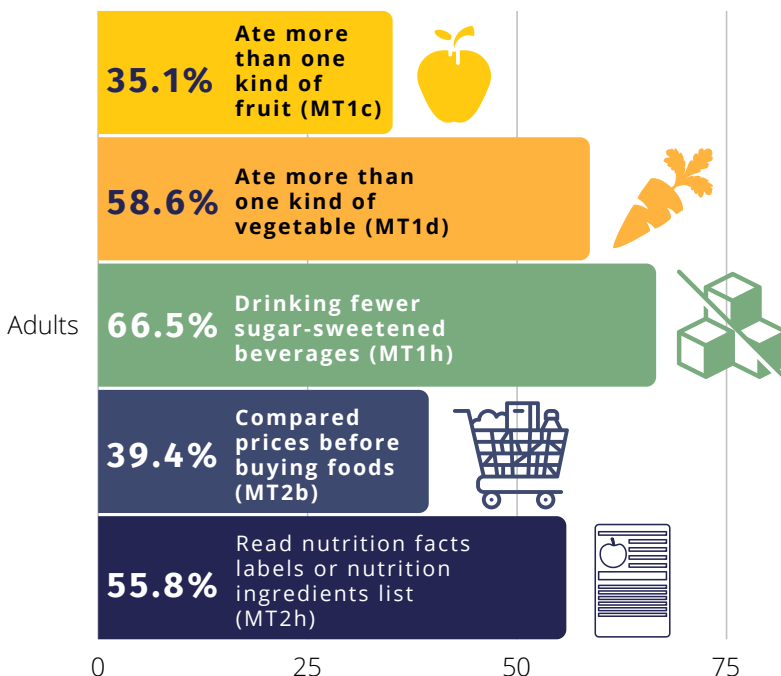
168,137

Total number of direct nutrition education classes:

9,160



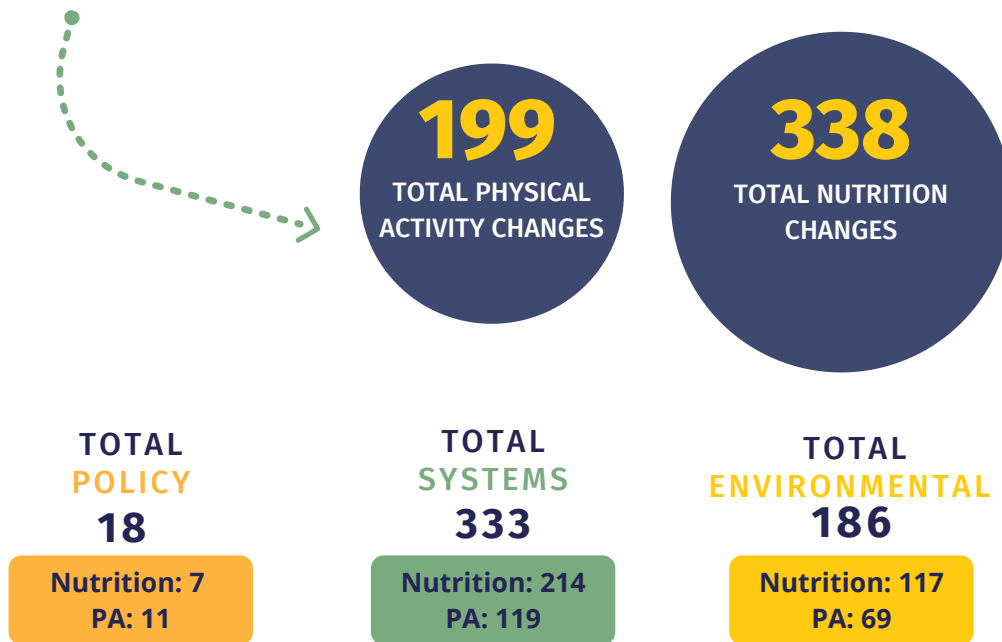
### DIRECT EDUCATION ADULTS



# POLICY, SYSTEM, AND ENVIRONMENTAL CHANGES

Policy, Systems, and Environmental (PSE) Changes include changes to the physical environment that may alter the way business is done to make the healthy choice the easy choice. Written rules, regulations, and procedures are known as policies and support healthy behavior at the organizational and local level.

## BREAKDOWN OF PSE CHANGES



## TOP CHANGES IMPLEMENTED:



### POLICY

- **Nutrition:** improved hours of operation to improve access/convenience (n=33)
- **PA:** Increase time spent doing physical activity (n = 7)



### SYSTEMS

- **Nutrition:** Improvements in free water access, taste, quality, smell, or temperature (n=46)
- **PA:** Incorporated physical activity into the school day or during classroom-based instruction (not recess/free play or PE) (n = 42)



### ENVIRONMENT

- **Nutrition:** Edible gardens (establish, reinvigorate, or maintain food gardens) (n=79)
- **PA:** Increased or improved opportunities for structured physical activity (n = 38)

## TOTAL PSE CHANGES

537

## PSE CHANGES REACHED PEOPLE

136,449

TIMES

## CHANGES IMPLEMENTED ACROSS

259

SITES

FOR MORE INFORMATION, CONTACT: SNAP-Ed PROGRAM COORDINATOR  
LATRESH DAVENPORT, MPH AT [LATRESH.DAVENPORT@DHS.GA.GOV](mailto:LATRESH.DAVENPORT@DHS.GA.GOV)

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