

Georgia SNAP Nutrition Education (SNAP-Ed) Program

WHAT IS SNAP-ED?

SNAP-Ed provides resources, tools and skills through classes to families to support healthier eating and active living. These tools are developed to be budget-friendly.

SNAP-Ed provides classes where participants can share information about stretching SNAP dollars, shopping smart, and including physical activity throughout your day.





HOW WE WORK?

SNAP-Ed in Georgia has 4 Implementing Agencies (IA) that do PSE, DNE, and SM work: <u>HealthMPowers</u>, <u>Georgia Department of Public Health</u>, <u>Open Hand Atlanta</u>, and the <u>University of Georgia</u>.

We are currently in 71 counties with 502 sites across the state.



WHAT WE DO?



POLICY, SYSTEMS, AND SYSTEMS, AND

CHANGES (PSE)

These are changes that increase access to healthy food and physical activity opportunities where Georgians live, eat, learn, shop, play, and work.



DIRECT NUTRITION

EDUCATION (DNE)

Direct Nutrition Education provides individuals, families, and communities with the knowledge and skills to eat healthy and be more physically active through nutrition education classes.



SOCIAL

MARKETING (SM)

This is a type of campaign that places supportive messages that encourages healthy eating and active living where Georgians live, eat, learn, shop, play, and work

Interested in learning more or taking a class? Contact us here!





www.dfcs.georgia.gov/fo od-stamps/snap-ed